

# WALGRAVE PARISH COUNCIL

CHAIRMAN: MEG TIMLIN (781847)

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## THE WALGRAVE DEFIBRILLATOR

(sited on the Skittles building wall opposite the Royal Oak Pub in Walgrave)



The Parish Council are pleased to say that the village defibrillator is now in place and available to be used in an emergency. Training was carried out for those able to attend on April 1st.

In the event of an emergency where it is suspected that someone is having a heart attack and the defibrillator needs to be activated, the following guidelines should be followed:

- **One person must phone 999 and ask for an ambulance**
- That person must then say that whilst waiting for the ambulance they need the code to access and operate the **WALGRAVE DEFIBRILLATOR**
- The code will be given out which will allow that person to unlock the defibrillator from its casing and take it to the person in need whilst the ambulance is on its way
- Instructions for the use of the defibrillator are extremely clear and easy to use.

Please also read the chart (below) which has been sent by the Community Heartbeat Trust for anyone who was unable to attend the training.

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If someone collapses,  
follow these instructions

COMMUNITY  
**HEARTBEAT**

The Community HeartBeat Trust



## ADDITIONAL COMPRESSION/BREATHING INFORMATION

- ♥ If you are unable or unwilling to give rescue breaths just do the compressions continuously.
- ♥ Give 30 compressions at a rate of 100-120 per minute and then give 2 breaths.
- ♥ Repeat 30 compressions and 2 breaths sequence.
- ♥ Continue until help arrives, you are too tired to continue, or the casualty starts breathing normally again.

FOR AN ADULT USE 2 HANDS & COMPRESS 5-6 cm  
FOR A CHILD USE 1 HAND & COMPRESS 1/3 CHEST DEPTH  
FOR AN INFANT USE 2 FINGERS & COMPRESS 1/3 CHEST DEPTH

Augmented reality – if you would like to see some videos on how to do chest compressions and how to use a defibrillator, use your smart phone to scan these QR codes.

Community  
Heartbeat  
Trust



CPR



Defibrillator



The Community Heartbeat Trust – the UK's community defibrillator charity – [www.communityheartbeat.org.uk](http://www.communityheartbeat.org.uk)